

THIS WEEK

MERCK DURHAM

Week of September 8th

What's Happening

WEEKLY SPECIALS:

DELI: Chicken Gyro, Tzatziki, Feta Cheese, Whole Wheat Pita **Fuel***

GRILL: Chickpea Zucchini Burger, Whole Wheat Bun **Fuel*, V**

Served with Caribbean Sweet Potato, Cucumber, Corn Salad **Fuel*, AG, V+**

PIZZA: JERK BBQ CHICKEN

NIBBLES

MONDAY: BIRD DOGS

TUESDAY: BEEF AND CHEESE ENCHILADAS, SPANISH RICE

WEDNESDAY: CRISPY FRIED HOT HONEY WINGS

THURSDAY: BBQ PULLED PORK SANDWICH

FRIDAY: CUBAN SANDWICH, TOSTONES

M

FUNCTIONAL FOODS: TUBERS

CHICKEN PICATTA AG

5.10

SWEET POTATO "CARBONARA" PANCETTA, KALE

1.30

MUSHROOMS Fuel*, AG, V

Steamed Carrots **Fuel*, AG, V+**

1.30

Soup

Chicken Lemon Orzo **Fuel***

1.74/2.17/2.55

Salad

Green Chickpea, Grape Tomato Salad **Fuel*, AG, V+**

.39/oz

T

BAKED SALMON, NO-NUT PESTO CRUMBS Fuel*

6.95

Broccoli Farro Risotto, Parmesan **Fuel*, V**

1.30

Steamed Vegetable Medley **Fuel*, AG, V+**

1.30

Soup

White Bean, Escarole Soup **Fuel*, AG, V+**

1.74/2.17/2.55

Salad

Bulgur Wheat, Garbanzo Bean, Roasted Garlic **Fuel*, V+**

.39/oz

W

GENERAL TSO'S CHICKEN THIGHS AG

5.10

Steamed Brown Rice **Fuel*, AG, V+**

1.30

Sesame Snow Peas **Fuel*, AG, V+**

1.30

Soup

Minestrone Soup, Bacon **Fuel***

1.74/2.17/2.55

Salad

Soba Noodle, Kimchi (anchovy), Cucumber Salad **Fuel*, AG, V**

.39/oz

Th

THOMPSON HOSPITALITY CAFÉ

PAN ROASTED ARROZ CON POLLO PANAMENIO AG, CHAREDD TOMATO SALSA

6.06

Roasted Cauliflower **Fuel*, AG, V+**

1.30

Soup

Moroccan Spice Chickpea Vegetable Soup **Fuel*, AG, V+**

1.74/2.17/2.55

Salad

Lentil, Beet & Goat Cheese **Fuel*, AG, V**

.39/oz

F

BEEF AND MUSHROOM STROGANOFF

X.XX

Egg Noodles

X.XX

Whole Wheat Bread Sticks

X.XX

Soup

Sweet Potato Ginger **Fuel*, V**

1.74/2.17/2.55

Salad

Southwest Caesar Salad **Fuel***

.42/oz